

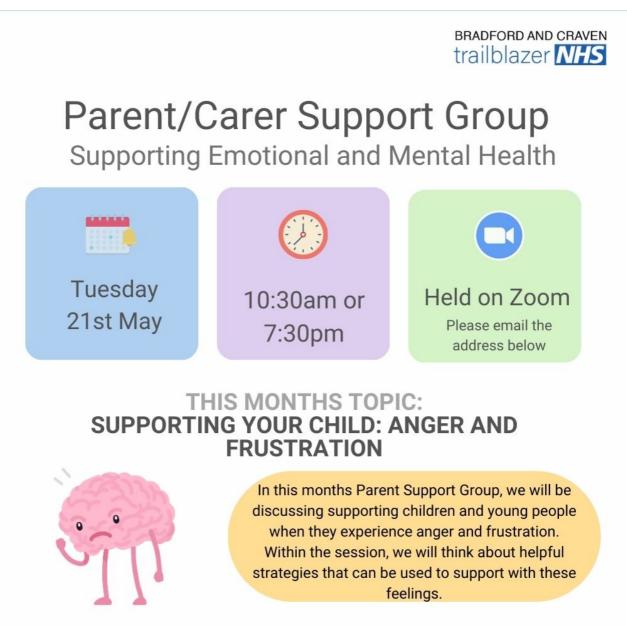


Parent/Carer Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email:

Next Parents Support Group details: Tuesday 21st May 2024 Topic: "Supporting your child: Anger & Frustration".



🔀 mhstparentsupport@bdct.onmicrosoft.com