



Curriculum Overview:

Health & Social Care

Year 7-11



Y11



R035 OCR-set assignments write up

TR035 Topic Area 2 Factors influencing health

1. Lifestyle choices
2. Health
3. Education and socio-economic
4. Access to health services
5. What individuals can do to be healthy
6. Benefits of leading a healthy lifestyle
7. What prevents individuals from being healthy
8. Aims of the campaign:
9. Methods to be used to engage target audience
10. Feedback methods

KS4 YEAR 10
Health & Social Care

HT6



R035 OCR-set assignments write up

R033 Topic Area 3 Sources of support

1. Sources of support
2. The roles of practitioners in providing support
3. The roles of informal caregivers in providing support
4. How practitioners meet individual needs
5. Research and recommend personalised support based on individual needs

R035 OCR-set assignments write up

HT5



R033 OCR-set assignments write up

R035 Topic Area 1 Current public health issues and the impact on society

1. Reasons why a healthy society is important
2. Current challenges to public health
3. Organisations promoting public health challenges
4. Current health promotion campaigns
5. Benefits of a health promotion campaign
6. Who the health promotion campaign is targeting

HT4

R033 Topic Area 1 Life stages

1. Factors affecting growth and development across the life stages
1. How the growth and development of an individual is affected



R033 OCR-set assignments write up



HT3

R033 Topic Area 2 Impacts of life events

1. Expected and unexpected life events
2. Impacts that life events have on individuals
3. Identifying individual's needs based on the impacts of life events

HT2

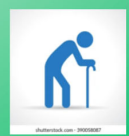
R033-OCR-set assignments write up

R033 Topic Area 1 Life stages

1. Life stages and key milestones of growth and development for age groups
2. PIES development across the life stages



HT1



Curriculum Road Map for Health & Social Care

Year 10 Health & Social Care

Exam Board: OCR Cambridge National Level 1/2 **Code:** J835

Timing: Sept-April

Topic title/Key Question: RO33 Supporting individuals through life events

Breakdown:

Topic area 1-Life stages

Topic area 2-Impacts of life events

Topic area 3-Sources of support

TA1:

- Life stages, key milestones and PIES development for different age groups
- Factors affecting growth and development across the life stages
- How the growth and development of an individual is affected

TA2:

- Expected and unexpected life events
- Physical events, relationship changes and life circumstances
- Impacts that life events have on individuals
- Identifying individuals' needs based on the impacts of life events

TA3:

- Sources of support that meet individual needs (formal & charities)
- The role of practitioners in providing support and how they meet individual needs
- Research and recommendation of personalised support based on individual needs

Knowledge Organiser

Year 10-11 Health & Social Care

Exam Board: OCR Cambridge National Level 1/2 **Code:** J835

Timing: Delivery of content April-Dec. Write up of coursework after set assignment release in Sept-Dec

Topic title/Key Question: RO35 Health promotion Campaigns

- Topic area 1-Current public health issues and the impact on society

- Topic area 2-Factors influencing health

- Topic area 3-Plan and create a health promotion campaign

- Topic area 4-Deliver and evaluate a health promotion campaign

TA1:

- The importance of a healthy society
- Public health challenges for society
- Organisations promoting public health challenges
- Current health promotion campaigns and their benefits

TA2:

- Lifestyle choices
- Leading a healthy lifestyle
- Barriers to leading a healthy lifestyle

TA3:

- How to plan a health promotion campaign
- Aims of campaign
- Planning considerations & methods of communication
- Methods to engage target audience and feedback

TA4:

- Introduce the campaign
- Deliver content
- Collect feedback
- Evaluate, reflect, review and suggest improvements

Assessment:

This unit is assessed by the completion of a set assignment from OCR. This will give students the opportunity to show their knowledge and understanding. They will complete the assignment independently in class with teacher supervision. The assignment will be marked by the teacher and is worth 30% of the final grade..

The assignment consists of four tasks.

- Task 1) Explaining why a public health challenge was chosen and the

importance this has on a health society

- Task 2) Explaining factors that could influence the health and well being of the chosen target audience and providing an explanation of barriers to leading a healthy lifestyle. Explaining the benefits to the target audience of following the advice within the chosen health campaign.
- Task 3) Planning and creating a health promotion campaign.
- Task 4) Delivering and evaluating their chosen health promotion campaign.

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KS4 YEAR 11

Health & Social Care



Further Education,
Apprenticeships,
Employment

TA3:
Verbal communication
Non verbal communication
Specialist communication

TA4:
Safeguarding
infection prevention
Safety procedures & measures
How security measures protect service
users & staff

HT5



HT4

R032-TA1:
Types of care settings
The rights of service users
The benefits to service users
TA2:
Person centred values
Benefits of applying person centred values
Effects if person centred values not applied

TA4
Introduce campaign
Deliver content
Collect feedback
Evaluate, reflect, review & suggest improvements

R035-OCR
Set assignments
write up

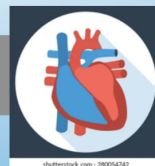
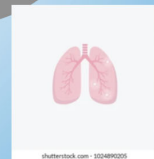
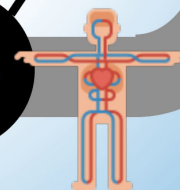
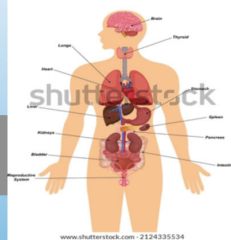
R035-TA3
How to plan a health promotion campaign
Aims of campaign
Methods of communication
Methods to engage target audience

HT3

HT2

R035-OCR
Set assignments
write up

THE HUMAN BODY
INTERNAL ORGANS



HT1

Curriculum Road Map for Health & Social Care

Year 11 Health & Social Care

Exam Board: OCR Cambridge National Level 1/2 **Code:** J835

Timing: January - June

Topic title/Key Question: RO32 Health Principles of care in health and social care settings

- Topic area 1-The rights of service users in health and social care settings
- Topic area 2-Person centred values
- Topic area 3-Effective communication in health and social care settings
- Topic area 4-Protecting service users and service providers in health and social care settings

TA1:

- Types of care settings
- The rights of service users
- The benefits to service users health and well being when their rights are maintained

TA2:

- Person-centred values and how they are applied by service providers
- Benefits of applying the person-centred values
- Effects on service users health and wellbeing if person centred values are not applied

TA3:

- The importance of verbal communication skills in health and social care settings
- The importance of non verbal communication skills in health and social care settings
- The importance of specialist communication skills in health and social care settings

TA4:

- Safeguarding in health and social care settings
- Infection prevention
- Safety procedures and measures
- How security measures protect service users and staff.

Assessment:

This unit is assessed by a 1 hour and 15 minute exam which is worth 70 marks in total which is 40% of the final grade.

The exam will have six compulsory questions.

Question types include:

- short and medium answer
- extended responses

Three of the questions will be set with a situation or scenario.
The exam questions will analyse and evaluate the students understanding in a variety of health and social care contexts

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