



Parent/Carer Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email:

mhstparentsupport@bdct.onmicrosoft.com

Next Parents Support Group details: Tuesday 18th April 2023

Topic: "Supporting your child: Exam Stress".

BRADFORD AND CRAVEN
trailblazer

Parent/Carer Support Group

Supporting Emotional and Mental Health



Tuesday
18th April



10:30am
or 7:30pm



Zoom

Email the address
below for the link

THIS MONTHS TOPIC: SUPPORTING YOUR CHILD: EXAM STRESS



In this month's Parent Support Group we will be looking at exam stress. At this time of year, Year 6's are beginning SATs and GCSE's are starting. We will be looking at strategies to support your child



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